

Flavours of the Mediterranean



14 rue Porte au Berger 14000 Caen
Phone : 02 31 57 92 21 ou 06 17 65 44 35
Email : latableduvaugueux@gmail.com
Site : latableduvaugueux.fr
Facebook : La-Table-du-Vaugueux-

Sun Menu

19,50 € starter, main course, dessert

17€ starter and main course
or main course and dessert

Starter of your choice

Sun salad, zucchini dip, dried tomatoes, feta
cheese, olives and green salad

Normand Brick, apple crispy cheese, sesame and
green salad

Main course dishes of your choice

Mango chicken tagine

Two meat couscous

Dessert of your choice

Fresh fruit plate and glass of ice cream

Chocolate pastry, mandarin sauce

Barbecue grilled meat (charcoal)

Menu of Flavours

29€

Starter of your choice

Fish pastry and seafood, pastilla style

Three pepper brick, goat and figs

Main course dishes of your choice

Beef tagine with olives and vegetables

Comfit lemon fish tagine (cod) and its pan-fried
vegetables

3 meat couscous

Dessert

Mediterranean dish of la table du Vaugueux

*Possible to reserve for groups (capacity of 40
people, terrace excluded)*

Discover our « Lateevening » room

Traditional Dishes

Starters

Caviar duo - aubergine and zucchini -, toast and
pesto tomato salad 9 €

Normand Brick, apple crispy cheese, sesame and
green salad 8 €

Fish pastry, seafood, pastilla style 9 €

Main course dishes

Mango chicken tagine 15 €

Comfit duck tagine and cherry 17 €

Beef tagine with olives and vegetables 16 €

Comfit lemon fish tagine (cod) and its pan-fried
vegetables 16 €

Lamb Sun : lambshank, tagine style and its
caramelized pear 21€

3 meat couscous 18 €

Desserts

Local cheese trolley 11 €

Mediterranean plate 11€

Fresh fruit dish with ice cream 8€

Chocolatepastry, mandarin sauce 8 €

Oriental pastry 9 €

Tasting Menu 39 €

Comfit lemon fish tagine (cod) and its pan-fried vegetables

Mango chicken tagine

2 meat couscous

Before Dessert and Dessert